



We accept Connecticut Title XIX (HUSKY) and Blue Cross Blue Shield Insurance as a qualified method of payment for this program and our other therapeutic programming.

Contact us for more information.



HAPPY FAMILY COMMUNITY SERVICES INC.  
501 (C)3 ORGANIZATION

530 STATE STREET  
NEW HAVEN, CONNECTICUT, 06510

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## FATHERHOOD LESSONS IN PRACTICE (F.L.I.P.) PROGRAM

OUR GOAL IS TO FLIP DADS INTO FATHERS,  
THROUGH A STRENGTH BASED, ADVOCACY  
AND GROUP THERAPY PROGRAM.

Visit us on the Web at:

[WWW.HAPPYFAMILYCS.ORG](http://WWW.HAPPYFAMILYCS.ORG)

# F.L.I.P. MISSION...

We strive to help fathers become better parents by providing them with support from other fathers, and resources that build the skills they need to become an effective part of their children's lives, or to literally, put Fatherhood Lessons In Practice.

## What is the F.L.I.P Program

The F.L.I.P Program aims to work with men who are trying to become better fathers to their children. In this therapeutic program, we use a strength based and supportive approach

to **help fathers recognize their role as a parent.**

In the F.L.I.P Program, we emphasize the role of being a Father, not a "Baby Daddy" and that there are special attributes that men provide the family, that cannot be replicated or substituted.

The goal of the F.L.I.P Program is to help men recognize how their family relationships (specifically their experiences with or without their father) determine how they parent.

We attempt to **build on the skills fathers already possess and to teach them additional**

**skills that will help them become better Fathers.** This includes becoming or remaining involved in their children's lives and building positive relationships with their children as well as the mother of their children.

Participation in the F.L.I.P Program is wholly voluntary, however a father is considered a member of the F.L.I.P. Program if he is currently involved in one of the offered services or if he was previously involved and has maintained interest.

The services provided by the F.L.I.P Program are as follows:

- Group Therapy (24/7 Dads AM curriculum and support)
- Individual Therapy/Case Management (Fatherhood Advocate).
- Supervision of visits for non-custodial fathers
- Activities for fathers to do with their children.



**Helping Baby-Daddy's  
become Fathers**



### **Duration:**

12 Weeks or 12 Sessions

### **Individual Meeting Schedule:**

Individual Therapy Sessions are arranged between the designated Fatherhood Advocate and the Member

**Please Contact Us for Fee Schedule**

### **Group Meeting Schedule:**

Group Therapy Sessions are held Weekly:

**Tuesday**—12:00pm to 1:30pm

**Wednesday**—6:00pm to 7:30pm

**Light Refreshments will be served**

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