

We accept Connecticut Title XIX (HUSKY) and Blue Cross Blue Shield

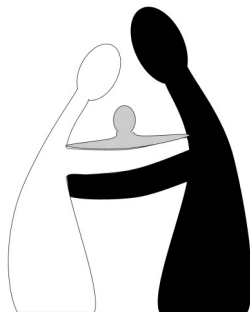
Insurance as a qualified method of payment for this service



Healthcare for Uninsured Children and Youth



Member of the Supervised Visitation Network



HAPPY FAMILY CLINICAL SERVICES

SUPPORT HAPPY FAMILIES, GROW HAPPY CHILDREN AND BUILD HAPPY COMMUNITIES

HAPPY FAMILY CLINICAL SERVICES LLC
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**HAPPY FAMILY
THERAPY SERVICES**

SOMETIMES MEETING A CLIENT
WHERE THEY ARE, LITERALLY
MEANS WHERE THEY ARE.

Visit us on the Web at:

WWW.HAPPYFAMILYCS.COM

OUR THERAPY SERVICES

Happy Family Therapy Services offers a broad grouping of therapeutic services aimed at assisting both individuals and families in coping with life occurrences. All of these services are available as both in-home and traditional in-office services.

Assessments

Our Mental Health assessments are the initial contacts with our clients. This sets the stage for continued service and determines the recommended course of treatment. Each case is treated differently as no two individuals are the same.

Individual Therapy

Individual Therapy is delivered to children, adolescents, and adults to address emotional and/or behavioral problems.

Sessions are offered once or multiple times per week based on the level or intensity required to stabilize and assist the person to improve their overall quality of life.

Family Therapy

Family Therapy is delivered to parents, couples and their family members to nurture change and development within the entire family system.

Sessions are offered either at the individuals residence or in an office setting. As with all of our services, Family therapy is often offered in conjunction with other Happy Family services, such as Individual Therapy, IFP, Parent Mentoring, or Supervised Visitation, which enable a collective approach to crisis resolution/situation management that the support family dynamic, and strengthen relationships to preserve the family unit.

Intensive Family Preservation (IFP)

Intensive Family Preservation is a therapeutic intervention intended to support families who are experiencing family crisis, severe stress, and potential risk for disruption. The purpose of IFP is to maintain children's safety, prevent unnecessary removal, move towards the resolution of familial conflict, and promote the overall well-being of a family system.

Intensive Family Reunification (IFR)

Intensive Family Reunification is to support parents preparing for the return of children back into their care. IFR is often requested after a parent has reached goals and expectations, such as parent aide services, substance abuse counseling, or domestic violence groups. In order for a family to be successful with IFR services, it is critical to have set goals and milestones to enable a smooth transition.



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Client Referral forms can be found on our website:

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